

*“Music Across The Curriculum”  
Teddi and Fred Koch*

January 8, 2010

• SONGS AND FINGERPLAYS •

1. **“Hello Everybody”** - Words and Music by Charity Bailey / Plymouth Music Co.

G / D7 G  
Hel-lo everybody, yes indeed, yes indeed, yes indeed.

G / C D7 G  
Hel-lo everybody, yes indeed, yes in-deed my darling.

2.) Clap your hands      3.) Stamp your feet      4.) Turn around

2. **“Baked A Cake”** - Original Words and Music and Hoffman, Merrill and Watts

D / / /  
If I knew you were comin', I'd have baked a cake,

A7 / D /  
baked a cake, baked a cake.

D / / /  
If I knew you were comin', I'd have baked a cake,

A7 / D /  
How-ja-doo, How-ja-doo, How-ja-doo.

2.) Wave "Hello"      3.) Say "Let's Sing"      4.) Shout "Hooray"

3. **“Who Fed The Chickens?”** - Words and Music by Ella Jenkins

Source: "Did You Feed My Cow?" Red Rover Records

F Dm F Dm  
Who fed the chickens? I did! Who stacked the hay? I did!

F Dm C7 F  
Who milked the cow? I did! On this fine day.

2.) She did    3.) He did    4.) We did    5.) They did    6.) I did

4. **“Drivin' In The Car” / “Bumpin' Up and Down”** - Woody Guthrie / Traditional

C / G7 C  
Let's go drivin' in the car, car. Let's go drivin' in the car, car.

C F C G7 C  
Let's go drivin' in the car, car. Let's go drivin' in the car, car.

2.) Let me hear your horn ("honk") (4 X)  
3.) Bumpin' up and down in my lil' Volkswagen (3 X) Won't you be my darlin'?  
4.) "Whoops", what happened to my lil' Volkswagen (3 X) Won't you be my darlin'?  
5.) One wheel is off and the axle is draggin' (3 X) Won't you be my darlin'?  
6.) \_\_\_\_\_'s going to fix it with his (her) hammer (3 X) Won't you be my darlin'?  
7.) Let's go drivin' in the car, car (4 X)

- 8.) We're going through a quiet zone - Shh, Shh! (4 X)  
 9.) Mommies are sleeping - Shh, Shh! Daddies are sleeping - Shh Shh!  
 Grandmas are sleeping - Shh, Shh! Everybody's sleeping - Shh, Shh!

5. "Tinga Layo" - Traditional, Adapted by Teddi and Fred Koch

Source: "Children's Record" Red Rover Records

**Chorus:** C F - C G7 C  
 Tinga Lay-o, run my lil' donkey run!  
 C F - C G7 C  
 Tinga Lay-o, run my lil' donkey run!

- 1.) F C  
 My donkey walks my donkey talks,  
 G7 C  
 My donkey eats with a knife and fork.  
 F C  
 My donkey walks, my donkey talks,  
 G7 C  
 My donkey eats with a knife and fork. Repeat **Chorus**
- 2.) My donkey eats, my donkey sleeps,  
 My donkey kicks with his hind two feet. Repeat **Chorus**
- 3.) My donkey dance, my donkey sing,  
 My donkey is wearing a diamond ring. Repeat **Chorus**
- 4.) My donkey swims, my donkey skis,  
 My donkey dresses elegantly. Repeat **Chorus**

6. "Today Is Monday" - Traditional, arranged by Fred Koch

Song Source: "Children's Record" Red Rover Records

1. D /  
 Today is Monday. (echo)  
 A7 /  
 Monday: string beans (4 beat descending "boooooop")  
 A7 / D /  
 All you hungry children, rub your tummies.
2. And then it's Tuesday. (echo)  
 Tuesday: spaghetti ("twist twist twist twist")  
 Monday: string beans (4 beat descending "boooooop")  
 All you hungry children, rub your knees.
3. And then it's Wednesday. (echo)  
 Wednesday: souuuuuuup" (with 4 beat ascending slurp)  
 Tuesday: spaghetti ("twist twist twist twist")  
 Monday: string beans (4 beat descending "boooooop")  
 All you hungry children, rub your knees.

4. Then it's Thursday. (echo)  
 Thursday: roast beef ("cut cut cut cut")  
     Wednesday: souuuuuuup" (with 4 beat ascending slurp)  
     Tuesday: spaghetti ("twist twist twist twist")  
     Monday: string beans (4 beat descending "boooooop")  
     All you hungry children, rub your elbows.
  
5. And then it's Friday. (echo)  
 Friday: fresh fish ("bloop bloop bloop bloop")  
     Thursday: roast beef ("cut cut cut cut")  
     Wednesday: souuuuuuup" (with 4 beat ascending slurp)  
     Tuesday: spaghetti ("twist twist twist twist")  
     Monday: string beans (4 beat descending "boooooop")  
     All you hungry children, rub your shoulders.
  
6. And then it's Saturday. (echo)  
 Saturday: chicken ("bawk bawk bawk bawk")  
     Friday: fresh fish ("bloop bloop bloop bloop")  
     Thursday: roast beef ("cut cut cut cut")  
     Wednesday: souuuuuuup" (with 4 beat ascending slurp)  
     Tuesday: spaghetti ("twist twist twist twist")  
     Monday: string beans (4 beat descending "boooooop")  
     All you hungry children, rub your shoulders.
  
7. And then it's Sunday. (echo)  
 Sunday: ice cream ("slurp slurp slurp slurp")  
     Saturday: chicken ("bawk bawk bawk bawk")  
     Friday: fresh fish ("bloop bloop bloop bloop")  
     Thursday: roast beef ("cut cut cut cut")  
     Wednesday: souuuuuuup" (with 4 beat ascending slurp)  
     Tuesday: spaghetti ("twist twist twist twist")  
     Monday: string beans (4 beat descending "boooooop")  
     All you hungry children, give yourselves a hand!

7. **“Two Lil' Blackbirds”** - Fingerplay

Two lil' blackbirds sitting on a hill. One named Jack, the other named Jill.

Fly away Jack, fly away Jill. Come back Jack, come back Jill.

2.) Cloud - soft, loud

4.) Snow - fast, slow

6.) Ice - mean, nice

3.) Dad - happy, sad

5.) Pool - hot, cool

7.) Gate - early, late

8. **“This Lil' Cow”** – Traditional, arranged by Fred Koch

Source: "This Lil' Cow" Red Rover Records

9. **“Tony Chestnut”** - Author unknown

Tony Chestnut knows I love you, Tony knows, Tony knows.

Tony Chestnut knows I love you, that's what Tony knows.

• SONGS WITH FAMILIAR MELODIES •

1. **“If You’re Silly And You Know It”** - Sing to the melody of “If You’re Happy.....”
  - 1.) Touch your nose (“beep, beep”)
  - 2.) Pull your ears (“wok, wok”)
  - 3.) Say “inkus dinkus” (“inkus, dinkus” - while scratching chin and saying “hmmmm...”)
  - 4.) Do all three (in order)
  
2. **“A Cow Named Lil”** Sing to the melody of "Dixie"
  - 1.) I had a cow and her name was Lil', when she ran she couldn't stand still.  
A / D /  
She ran a-way ( x x ) she ran a-way ( x x ) and also I ran with her.  
A / E7 A
  
  - 2.) Now my cow Lil' found a grocery store,  
D /  
She ate her breakfast but wanted to eat some more,  
A / E7 A  
She ate: \_\_\_\_\_, she ate \_\_\_\_\_, she ate \_\_\_\_\_, she ate \_\_\_\_\_.
  
  - 3.) Saw a circus tent - lifted up the flap and under she went, she saw \_\_\_\_\_ (4 items)
  - 4.) Got into a race - the very next thing she was way up in space, she saw \_\_\_\_\_ (4 items)
  - 5.) Wanted to be cool - she went and spent a day at my school, she saw \_\_\_\_\_ (4 items)
  - 6.) Now if you'd like to sing this song, just open your mouth, sing-a-long, sing:  
High!!!! Sing Low!!!! Sing silly!!!! Sing to-get-her: =====> **REPEAT VERSE #1**

• PUPPET TIME •

1. **“Spider On The Floor”** – Traditional (To the tune of “If You’re Happy and You Know It”)
  
2. **“Pokey Bear”** – Traditional, Adapted by Teddi Koch
  - 1.) Pokey Bear, Pokey Bear, why are you so slow?  
I don’t know, I don’t know, I like to be slow.
  2. Run so fast, run so fast. It is so much fun.  
Run so fast, run so fast. It is so much fun.
  3. No, no, no. No, no, no. I like to be slow.  
No, no, no. No, no, no. I like to be slow.
  
3. **“I’m Bringing Home A Baby Dinosaur (Bumblebee)”** - Baby Dinosaur  
**“Twinkle, Twinkle Lil' Star”** - Baby Dinosaur

4. **“I Have A Little Turtle”** - Traditional (To the tune of "The Brownie Smile Song")  
I have a lil' turtle, his name is Tiny Tim. I put him in the bathtub to see if he could swim.  
He drank up all the water, he ate up all the soap. He woke up in the morning with bubbles in his throat.  
GLUG, GLUG, GLUG, GLUG...
5. **“Hickory Dickory Dock”** - Traditional  
Hickory dickory dock! The mouse ran up the clock.  
The clock struck "ONE", the mouse ran down. Hickory dickory dock!  
2.) "TWO" said "Boo!"      3.) "THREE" said "Wheee!"      4.) "FOUR" said "No more!"

**• FAVORITE BOOKS TO SING •**

1. **The Completed Hickory Dickory Dock** - by Jim Aylesworth; Atheneum
2. **Mary Wore Her Red Dress** – Adapted and Illustrated by Merle Peek; Clarion
3. **Itsy Bitsy Spider** - Adapted by Iza Trapani (Gareth Stevens Pub.)
4. **Brown Bear, Brown Bear, What Do You See?** - by Bill Martin Jr., Eric Carle; Henry Holt Publ.  
Use book with Greg & Steve’s song version from “*Playin’ Favorites*” Youngheart Records
5. **There Was An Old Lady Who Swallowed A Fly** - by Simms Taback; Viking (Caldecott Honor)
6. **Today Is Monday** by Susan Baum; HarperCollins

*For a complete listing of “Fred’s 55+ Favorite Books For Music Integration,” visit [BestChildrensMusic.com](http://BestChildrensMusic.com) and browse through *The Lil’ Cow Bookstall* located in the **RESOURCES** section*

**• INSTRUMENT PLAYALONG •**

1. **“Get On Board”** - Traditional, arranged by Fred Koch  
Source: “*Children's Record*” Red Rover Records
2. **“Old Dan Tucker”** - Traditional, arranged by Fred Koch  
Source: “*Children's Record*” Red Rover Records
3. **“All The Way To Galway”** - Traditional Irish  
Source: “*Rhythmically Moving 1*” by Gemini for Phyllis Weikart
4. **“Radetzky March”** – J. Strauss St.  
Source: “*The Kids Collection of Greatest Classics, Volume 3*”

**• MOVEMENT ACTIVITIES •**

1. **“Around The Circle”** Words and Music by “Mr. Al” Rasso, Produced by Fred Koch  
Source: *“Rock The Baby”* Mr. Al / Melody House Records
2. **“Stop and Go”** Original Words by Ella Jenkins, Adapted and Music by Fred Koch  
Source: *“Did You Feed My Cow?”* Red Rover Records
3. **“Beanie Bag Dance”** Words and Music by Greg Scelsa  
Source: *“Kids In Action”* Greg & Steve / Youngheart Records
4. **“All Around The Kitchen”** Traditional, Adapted by Kathy Reid-Naiman  
Source: *“Tickles and Tunes”* Merriweather Records
5. **“Stop! In The Name Of The Law”** Words and Music by Fred Koch  
Source: *“This Lil' Cow”* Red Rover Records
6. **“Jumping and Counting”** Words and Music by Jim Gill  
Source: *“Irrational Anthem”* Jim Gill Music
7. **“The Dance Along Gong Song”** Words and Music by Jim Gill  
Source: *“Irrational Anthem”* Jim Gill Music
8. **“Animal Action 1”** Words and Music by Greg Scelsa  
Source: *“Kids In Motion”* Greg & Steve / Youngheart Records
9. **“Bean Bag Boogie 1”** Words and Music by Greg Scelsa  
Source: *“Kids In Motion”* Greg & Steve / Youngheart Records
10. **“Uncle Jessie”** - Original song by Bessie Jones from: "Step It Down"  
Adapted by Teddi and Fred Koch

D                    /            /                    /  
Here comes Uncle Jessie, comin' through the field.  
D                    /                    /                    A7        D  
With his horse and buggy and I know just how he feels.  
A7                    D                    A7  
He's calling: "BLUE"                    Now.....  
D                    /                    /                    A7 - D  
Shake those hands out, Jessie. Shake those hands out, Jess-ie.  
D                    /                    /                    A7 - D    A7  
Shake those hands out, Jessie. Shake those hands out, Jess-ie. Well.....

Other Verses: Repeat calling a different color and different action

## Fred and Teddi Koch – Biographical Information

**Fred Koch** spent 25+ as a preK-4 music specialist with Lake Forest (IL) School District 67. He is the recipient of the *KOHL INTERNATIONAL PRIZE FOR EXEMPLARY TEACHING*, a 2006 *GOLDEN APPLE AWARD* finalist and his recordings for young children have won numerous *Parents' Choice* awards. Fred is in his third year with his new teaching role in District 67 as a K-4 Technology Coach and recently received his *GOOGLE CERTIFIED TEACHER* accreditation. He writes the monthly children's music review column for *Chicago Parent* magazine and founded his website, [BestChildrensMusic.com](http://BestChildrensMusic.com), in 1999. Fred's songs appear on Greg & Steve's CDs including "Kids In Motion," "Kids In Action," "Big Fun," "Fun and Games," "Shake, Rattle & Rock" and their 2009 Grammy® nominated recording "Jumpin' and Jammin'." Fred also produced Mr. Al's award-winning "Rock The Baby" and wrote and produced 3 songs for Money Savvy Generation ([www.msgen.com](http://www.msgen.com)), a financial literacy curriculum for elementary schools. His views on music integration are featured in the book *Best Classroom Practices -- What Award-Winning Elementary Teachers Do*, published by Corwin Press (1999). Most recently, Fred has started teaching music at Midwest Young Artists ([www.mya.org](http://www.mya.org)) where he directs The Little Maestro Singers (grades 1 and 2) and The Mighty Maestro Singers (grades 3 and 4)

**Teddi Koch** is director and lead teacher at *The Music & Movement Center at Gorton* in Lake Forest, Illinois. Before starting her own program, Teddi directed *The Movement Center*, one of the first music and movement programs for very young children, at National College of Education (now National-Louis University) in Evanston, Illinois. The focus of Teddi's program is parent-child classes for children 6-12 months, 12-18 months, 18-26 months, and 3 and 4-year-olds (who attend without a parent or caregiver). For more information about Teddi's program, *The Music & Movement Center at Gorton*, visit her website at: [teddikoch.weebly.com](http://teddikoch.weebly.com).

Teddi and Fred enjoy singing and sharing their music with young children in small venues such as day care centers, schools and public libraries. They also perform at park district and festival events during the summer with their four-piece band, **Teddi and Fred Koch and The Lil' Cow Band**. Teddi and Fred live in Lake Bluff, IL, with their 13-year-old son, Matthew, who also loves music!

### Music Across the Curriculum Website

<http://teddiandfred.weebly.com>

Password for Recordings page: \_\_\_\_\_

For in-school performances, concert and workshop information, contact Teddi and Fred at:

**BestChildrensMusic.com**

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• NOTES •